

INNOVATIVE ARTS ACADEMY NOVEMBER '21

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1 Sausage, Egg & Cheese
Sandwich on WG Bagel
Assorted Fresh Fruit
Steamed Broccoli
Baby Carrots, Side Salad
Choice of Milk & Daily Selections

2 Catty Bowl with Mashed Pot.
Corn, and Popcorn Chix
and a WG Breadstick
Steamed Corn
Fruit, Carrots, Side Salad
Choice of Milk & Daily Selections

3 Lasagna w/ Tom. Sauce WG
Garlic Bread
Assorted Fresh Fruit
Steamed Green Beans
Baby Carrots, Side Salad
Choice of Milk & Daily Selections

4 Nachos Grande
Refried Beans
Steamed Corn
Fruit, Carrots, Side Salad
Choice of Milk & Daily Selections

5 Sloppy Joe on WG/ Bun
French Fries
Assorted Fresh Fruit
Steamed Green Beans
Baby Carrots, Side Salad
Choice of Milk & Daily Selections

8 Chicken Fingers w/ WG
Breadstick
Assorted Fresh Fruit
Steamed Broccoli
Baby Carrots, Side Salad
Choice of Milk & Daily Selections

9 Chicken Cheesesteak WG
Assorted Fresh Fruit
Steamed Corn
Baby Carrots, Side Salad
Choice of Milk & Daily Selections

10 Italian Hoagie on a WG
Roll w/ Lettuce and Tomato
Assorted Fresh Fruit
Baked Beans
Baby Carrots, Side Salad
Choice of Milk & Daily Selections

11 Ham & Cheese
Pretzelwich, WG
Assorted Fresh Fruit
Potato Wedges
Baby Carrots, Side Salad
Choice of Milk & Daily Selections

12 Schools Closed
No Meals Served

15 Cheesesteak
on a WG Roll
French Fries
Assorted Fresh Fruit
Baby Carrots
Choice of Milk & Daily Selections

16 WG Beef A Roni
Assorted Fresh Fruit
Steamed Corn
Baby Carrots, Side Salad
Choice of Milk & Daily Selections

17 Meatball Sub
On a WG Roll
Assorted Fresh Fruit
Baby Carrots, Side Salad
Choice of Milk & Daily Selections

18 Grilled Cheese Sandwich WG
Tater Tots
Assorted Fresh Fruit
Baby Carrots, Side Salad
Choice of Milk & Daily Selections

19 Jumbo Hot Dog
on a WG Bun
Assorted Fresh Fruit
French Fries
Baby Carrots, Side Salad
Choice of Milk & Daily Selections

22 Chicken Sliders
on Mini Buns
French Fries
Baby Carrots, Side Salad
Choice of Milk & Daily Selections

23 French Toast Sticks WG
with Syrup & Sausage
Assorted Fresh Fruit
Hash Browns
Baby Carrots, Side Salad
Choice of Milk & Daily Selections

24 Schools Closed
No Meals Served

25 Schools Closed
No Meals Served

26 Schools Closed
No Meals Served

29 Schools Closed
No Meals Served

30 Monte Cristo Sandwich WG
w/ Syrup
Assorted Fresh Fruit
Hash Brown Stix
Baby Carrots, Side Salad
Choice of Milk & Daily Selections

Daily Selections:
Choice of fresh fruits, steamed vegetables, vegetarian and protein Salads, yogurt, water, cold sandwiches, two pastas, fresh rolls, pizzas, Milk, and condiments available daily.